

Men's Sexual Recovery Group

A group centered on the task approach to sexual addiction treatment developed by Dr. Patrick Carnes.

Psycho-educational, experiential, and process group therapy are used to affect change. Issues addressed include:

- Problems, Secrets, and Excuses
- Grief and Loss
- Understanding Addictive Behavior
- Shame and Guilt
- Establishing and Maintaining Sobriety
- Trauma Healthy Sexuality and Relationships
- Effective Communication
- Sexual Anorexia – The Mirror of Sex Addiction
- Mindfulness
- Deepening Recovery for Profound Life Change
- Behind the Arousal Template.

Facilitated by:

MaryAnn Bodnar
LMHC, CAP, CSAT, TEP

ON-GOING

**New
Time**

**7:30 - 9:30 p.m., Thursday evenings at
611 West Bay Street, Suite 1G, Tampa, FL 33606**

**\$75 per session
8-week commitment required**

**Contact: (813) 428-8128
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